


Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>December cont'd</p> <p>31</p> <p>KWANZAA New Year's Eve</p> <p>9:30 ♡ Chair Yoga 10:00 ♡ Refreshments 10:30 🎨 Water Color 1:30 📺 Tune-In To Me 2:00 🍵 Tea Time 3:30 🦋 Gen-Narrations: The Story Behind The Picture</p>	 <p>SAGEBROOK SENIOR LIVING AT CARMICHAEL</p> <p>Resident Birthdays Gertrude S. 12/23 Geneva A. 12/27</p>	<p>Be Adventurous Be Challenged Be Connected Be Family Be Inspired Be Social Be Well</p>	<p>DAILY ROUTINE 9:00 Daily Chronicles 10:00 Refreshments 11:45 Mealtimes Transitions 2:00 Refreshments 4:45 Mealtimes Transitions 6:00 Silver Screen Classics 7:00 Nightcap & Snack</p>	<p>1</p> <p>9:15 🦋 Morning News/Daily Chronicles 10:00 ♡ Fitness Junction 10:30 📺 Scenic Drive 11:00 📺 Tune-In To Me 2:00 🎤 Happy Hour/Favorite Songs Karaoke 3:00 🦋 Bingo</p>	<p>2</p> <p>9:15 📺 Morning News/Daily Chronicles 10:00 ♡ Noodle Sticks Ball Toss 10:00 ♡ Treats to Eat 11:00 ♡ Stand and Stretch 1:30 📺 Tune-In To Me 2:00 ♡ Treats to Eat 2:30 ☆ Expressive Design 3:30 🎨 Solve The Puzzle 4:00 ♡ Manicures</p>	
<p>ADVENT</p> <p>3</p> <p>9:00 📺 Daily Chronicle 9:30 ♡ Chair Yoga 10:00 ♡ Refreshments 10:30 🎨 Water Color 11:45 ♡ Mealtimes Transitions 1:30 📺 Tune-In To Me 2:00 🍵 Tea Time 3:00 📺 Afternoon Stroll 3:30 🦋 Gen-Narrations: The Story Behind The Picture</p>	<p>4</p> <p>9:00 📺 Daily Chronicle 9:30 ♡ Club Fit 10:00 ♡ Tasty Tidbits 10:30 ☆ Expressive Design 1:30 🦋 Manicure and Massage 2:00 ♡ Tasty Tidbits 2:00 📖 Poets Corner 3:00 🎨 Ball Games 3:30 ♡ Tai Chi 4:00 📺 Tune-In To Me</p>	<p>5</p> <p>10:00 🎨 Culinary Creations 11:00 🎨 Hallway Games 1:30 🎹 Alvin the Keyboardist 2:00 ♡ Snacks 2:30 ☆ Expressive Design 4:00 📺 Tune-In To Me 5:30 🍫 Hot Chocolate and Desserts [M] 5:30 🍫 Hot Chocolate and Dessert [M] 6:00 🎨 Tree Lighting and Music [F] 6:00 🎨 Tree Lighting and Music</p>	<p>6</p> <p>9:30 ♡ Morning Stroll 10:00 ♡ Nosh on Nibbles 10:30 ☆ Expressive Design 10:45 ☆ Catholic Services/Trivia 1:30 🦋 Bingo 2:00 ♡ Coffee Klatch 3:00 ☆ Raise the Curtain 4:00 📺 Tune-In To Me</p>	<p>7</p> <p>10:00 🎨 Culinary Creations 11:00 🎨 Hallway Games 1:30 📺 Let's Reminisce 2:00 ♡ Snacks 2:30 🎨 Expressive Design 4:00 ☆ Tune-in To Me</p>	<p>8</p> <p>Tina's Hair Care and Salon 9:30 ♡ Fitness Junction 10:00 ♡ Quick Bite 10:30 📺 Scenic Drive 10:30 🦋 Let's Reminisce 11:00 📺 Tune-In To Me 1:30 🎨 Cranium Crunches 2:00 🎤 Happy Hour/Favorite Songs Karaoke 3:00 🎨 Chip the Violinist 4:00 🦋 Bingo</p>	<p>9</p> <p>9:30 ♡ Noodle Sticks Ball Toss 10:00 ♡ Treats to Eat 10:30 ☆ Old Time Comedy 1:30 📺 Tune-In To Me 2:00 ♡ Treats to Eat 2:30 ☆ Expressive Design 3:30 🎨 Solve The Puzzle 4:00 ♡ Manicures</p>
<p>ADVENT</p> <p>10</p> <p>9:30 ♡ Chair Yoga 10:00 ♡ Refreshments 10:30 🎨 Water Color 1:30 📺 Tune-In To Me 2:00 🍵 Tea Time 3:30 🦋 Gen-Narrations: The Story Behind The Picture</p>	<p>11</p> <p>9:30 ♡ Club Fit 10:00 ♡ Tasty Tidbits 10:30 ☆ Expressive Design 1:30 🦋 Manicure and Massage 2:00 ♡ Tasty Tidbits 2:00 📖 Poets Corner 3:00 🎨 Ball Games 3:30 ♡ Tai Chi 4:00 📺 Tune-In To Me</p>	<p>HANUKKAH</p> <p>12</p> <p>9:15 🦋 Morning News/Daily Chronicles 10:00 🎨 Culinary Creations 11:00 🎨 Hallway Games 1:30 🎨 Trivia Games 2:00 ♡ Snacks 2:30 🎨 Movie Time & Snacks 3:00 🎨 Hallway Games 4:00 📺 Tune-In To Me 5:30 🍫 Hanukkah Dinner [F] 6:00 🎨 Menorah Lighting [M]</p>	<p>HANUKKAH</p> <p>13</p> <p>9:30 ♡ Morning Stroll 10:00 ♡ Nosh on Nibbles 10:30 ☆ Expressive Design 10:45 ☆ Catholic Services/Trivia 1:30 🦋 Bingo 2:00 ♡ Coffee Klatch 3:00 ☆ Raise the Curtain 4:00 📺 Tune-In To Me 6:00 🎨 Menorah Lighting [M]</p>	<p>HANUKKAH</p> <p>14</p> <p>10:00 🎨 Culinary Creations 11:00 🎨 Hallway Games 1:30 📺 Let's Reminisce 2:00 ♡ Snacks 2:30 🎨 Expressive Design 4:00 ☆ Tune-in To Me 6:00 🎨 Menorah Lighting [M] 6:15 ☆ Ride Around Neighborhood to View Christmas Lights</p>	<p>HANUKKAH</p> <p>UGLY CHRISTMAS SWEATER DAY</p> <p>9:30 ♡ Fitness Junction 10:00 ♡ Quick Bite 10:30 📺 Scenic Drive 11:00 📺 Tune-In To Me 1:30 🎨 Cranium Crunches 2:00 🎤 Happy Hour/Favorite Songs Karaoke 4:00 🎨 Menorah Lighting [M] 4:00 🦋 Bingo</p>	<p>HANUKKAH</p> <p>9:30 ♡ Noodle Sticks Ball Toss 10:00 ♡ Treats to Eat 10:30 ☆ Old Time Comedy 1:30 📺 Tune-In To Me 2:00 ♡ Treats to Eat 2:30 ☆ Expressive Design 3:30 🎨 Solve The Puzzle 4:00 ♡ Manicures 6:00 🎨 Menorah Lighting [M]</p>
<p>HANUKKAH</p> <p>ADVENT</p> <p>17</p> <p>9:30 ♡ Chair Yoga 10:00 ♡ Refreshments 10:30 🎨 Water Color 1:30 📺 Tune-In To Me 2:00 🍵 Tea Time 3:30 🦋 Gen-Narrations: The Story Behind The Picture 6:00 🎨 Menorah Lighting [M]</p>	<p>HANUKKAH</p> <p>18</p> <p>9:30 ♡ Club Fit 10:00 ♡ Tasty Tidbits 10:30 ☆ Expressive Design 1:30 🦋 Manicure and Massage 2:00 ♡ Tasty Tidbits 2:00 📖 Poets Corner 3:00 🎨 Ball Games 3:30 ♡ Tai Chi 4:00 📺 Tune-In To Me 6:00 🎨 Menorah Lighting [M]</p>	<p>HANUKKAH</p> <p>19</p> <p>9:15 🦋 Morning News/Daily Chronicles 10:00 🎨 Culinary Creations 11:00 🎨 Hallway Games 1:30 🎨 Trivia Games 2:00 ♡ Snacks 2:30 🎨 Movie Time & Snacks 3:00 🎨 Hallway Games 4:00 📺 Tune-In To Me 6:00 🎨 Menorah Lighting [M]</p>	<p>HANUKKAH</p> <p>20</p> <p>9:30 ♡ Morning Stroll 10:00 ♡ Nosh on Nibbles 10:30 ☆ Expressive Design 10:45 ☆ Catholic Services/Trivia 1:30 🦋 Bingo 2:00 ♡ Coffee Klatch 3:00 ☆ Raise the Curtain 4:00 📺 Tune-In To Me 4:30 🍫 Holiday Dinner 6:00 🎨 Menorah Lighting</p>	<p>WINTER SOLSTICE</p> <p>21</p> <p>10:00 🎨 Culinary Creations 11:00 🎨 Hallway Games 1:30 📺 Let's Reminisce 2:00 ♡ Snacks 2:30 🎨 Expressive Design 4:00 ☆ Tune-in To Me 6:15 ☆ Ride Around Neighborhood to View Christmas Lights</p>	<p>Tina's Hair Care and Salon</p> <p>22</p> <p>9:30 ♡ Fitness Junction 10:00 ♡ Quick Bite 10:30 📺 Scenic Drive 11:00 📺 Tune-In To Me 1:30 🎨 Cranium Crunches 2:00 ☆ Happy hour Drumming With Tandy 4:00 🦋 Bingo</p>	<p>23</p> <p>9:30 ♡ Noodle Sticks Ball Toss 10:00 ♡ Treats to Eat 10:30 ☆ Old Time Comedy 1:30 📺 Tune-In To Me 2:00 ♡ Treats to Eat 2:30 ☆ Expressive Design 3:30 🎨 Solve The Puzzle 4:00 ♡ Manicures</p>
<p>ADVENT</p> <p>Christmas Eve</p> <p>24</p> <p>9:30 ♡ Chair Yoga 10:00 ♡ Refreshments 10:30 🎨 Water Color 1:30 📺 Tune-In To Me 2:00 🍵 Tea Time 3:30 🦋 Gen-Narrations: The Story Behind The Picture</p>	<p>Christmas Day</p> <p>25</p> <p>9:30 ♡ Club Fit 10:00 ♡ Tasty Tidbits 10:30 ☆ Expressive Design 1:30 🦋 Manicure and Massage 2:00 ♡ Tasty Tidbits 2:00 📖 Poets Corner 3:00 🎨 Ball Games 3:30 ♡ Tai Chi 4:00 📺 Tune-In To Me</p>	<p>KWANZAA</p> <p>26</p> <p>9:15 🦋 Morning News/Daily Chronicles 10:00 🎨 Culinary Creations 11:00 🎨 Hallway Games 1:30 🎨 Trivia Games 2:00 🎨 Kwanzaa Celebration [M] 2:00 ♡ Snacks 2:30 🎨 Movie Time & Snacks 3:00 🎨 Hallway Games 4:00 📺 Tune-In To Me</p>	<p>KWANZAA</p> <p>27</p> <p>9:30 ♡ Morning Stroll 10:00 ♡ Nosh on Nibbles 10:30 ☆ Expressive Design 10:45 ☆ Catholic Services/Trivia 1:30 🦋 Bingo 2:00 ♡ Coffee Klatch 3:00 ☆ Raise the Curtain 4:00 📺 Tune-In To Me</p>	<p>KWANZAA</p> <p>PLEDGE OF ALLEGIANCE DAY</p> <p>9:00 📺 Pledge of Allegiance 10:00 🎨 Culinary Creations 11:00 🎨 Hallway Games 1:30 📺 Let's Reminisce 2:00 ♡ Snacks 2:30 🎨 Expressive Design 4:00 ☆ Tune-in To Me</p>	<p>KWANZAA</p> <p>29</p> <p>9:30 ♡ Fitness Junction 10:00 ♡ Quick Bite 10:30 📺 Scenic Drive 11:00 📺 Tune-In To Me 1:30 🎨 Cranium Crunches 2:00 🎤 Happy Hour/Favorite Songs Karaoke 4:00 🦋 Bingo</p>	<p>KWANZAA</p> <p>30</p> <p>9:30 ♡ Noodle Sticks Ball Toss 10:00 ♡ Treats to Eat 10:30 ☆ Old Time Comedy 1:30 📺 Tune-In To Me 2:00 ♡ Treats to Eat 2:30 ☆ Expressive Design 3:30 🎨 Solve The Puzzle 4:00 ♡ Manicures</p>