







Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	
<p>8:00 🦋 Coffee & Continental Breakfast in Room #216</p> <p>9:00 📷 Carmichael Farmer's Market in Carmichael Park</p> <p style="text-align: right;">1</p>	<p>8:00 🦋 Coffee & Continental Breakfast in Room #216</p> <p style="text-align: right;">2</p>	<p>8:00 🦋 Coffee & Continental Breakfast in Room #216</p> <p>9:00 🟡 Blood Pressure Checks</p> <p>10:00 🎬 Let's Go To The Movies!</p> <p>2:30 🦋 Bistro Bingo</p> <p style="text-align: right;">3</p>	<p>8:00 🦋 Coffee & Continental Breakfast in Room #216</p> <p>9:30 📷 Shopping Trip To Trader Joe's</p> <p>2:00 🗨️ Movie Matinee</p> <p style="text-align: right;">4</p>	<p>HAPPY BIRTHDAY GAIL GUTHRIE!!</p> <p>8:00 🦋 Coffee & Continental Breakfast in Room #216</p> <p style="text-align: right;">5</p>	<p>8:00 🦋 Coffee & Continental Breakfast in Room #216</p> <p>3:00 🗨️ Happy Hour</p> <p style="text-align: right;">6</p>	<p>8:00 🦋 Coffee & Continental Breakfast in Room #216</p> <p style="text-align: right;">7</p>	
<p>8:00 🦋 Coffee & Continental Breakfast in Room #216</p> <p>9:00 📷 Carmichael Farmer's Market in Carmichael Park</p> <p style="text-align: right;">8</p>	<p>8:00 🦋 Coffee & Continental Breakfast in Room #216</p> <p>11:30 📷 Let's Go To Lunch!</p> <p style="text-align: right;">9</p>	<p>8:00 🦋 Coffee & Continental Breakfast in Room #216</p> <p>2:30 🦋 Bistro Bingo</p> <p style="text-align: right;">10</p>	<p>8:00 🦋 Coffee & Continental Breakfast in Room #216</p> <p>9:30 📷 Shopping Trip To Safeway/Rite Aid</p> <p>2:00 🗨️ Movie Matinee</p> <p style="text-align: right;">11</p>	<p>8:00 🦋 Coffee & Continental Breakfast in Room #216</p> <p>5:00 🦋 Birthday Dinner In The Bistro. For residents with birthdays in September and October</p> <p style="text-align: right;">12</p>	<p>8:00 🦋 Coffee & Continental Breakfast in Room #216</p> <p>3:00 🗨️ Happy Hour</p> <p style="text-align: right;">13</p>	<p>8:00 🦋 Coffee & Continental Breakfast in Room #216</p> <p style="text-align: right;">14</p>	
<p>8:00 🦋 Coffee & Continental Breakfast in Room #216</p> <p>9:00 📷 Carmichael Farmer's Market in Carmichael Park</p> <p style="text-align: right;">15</p>	<p>8:00 🦋 Coffee & Continental Breakfast in Room #216</p> <p style="text-align: right;">16</p>	<p>HAPPY BIRTHDAY DONALD HEATH!!</p> <p>8:00 🦋 Coffee & Continental Breakfast in Room #216</p> <p>9:00 🟡 Blood Pressure Checks</p> <p>2:30 🦋 Bistro Bingo</p> <p style="text-align: right;">17</p>	<p>8:00 🦋 Coffee & Continental Breakfast in Room #216</p> <p>9:30 📷 Shopping Trip To Walmart</p> <p>3:00 🦋 Chat With Jeffrey</p> <p style="text-align: right;">18</p>	<p>HAPPY BIRTHDAY DANNY SHANNON AND WARD COCKERTON</p> <p>8:00 🦋 Coffee & Continental Breakfast in Room #216</p> <p>8:45 📷 Trip To Redhawk Casino</p> <p>12:00 🍷 Oktoberfest Lunch With Traditional German Food. Residents who are not on the meal plan are welcome to join for the cost of \$5.00</p> <p style="text-align: right;">19</p>	<p>8:00 🦋 Coffee & Continental Breakfast in Room #216</p> <p>3:00 🗨️ Happy Hour</p> <p style="text-align: right;">20</p>	<p>8:00 🦋 Coffee & Continental Breakfast in Room #216</p> <p style="text-align: right;">21</p>	
<p>8:00 🦋 Coffee & Continental Breakfast in Room #216</p> <p>9:00 📷 Carmichael Farmer's Market in Carmichael Park</p> <p style="text-align: right;">22</p>	<p>8:00 🦋 Coffee & Continental Breakfast in Room #216</p> <p style="text-align: right;">23</p>	<p>8:00 🦋 Coffee & Continental Breakfast in Room #216</p> <p>10:00 📷 Let's Go To The Movies!</p> <p>2:30 🦋 Shop At The Bingo Store & Bistro Bingo</p> <p style="text-align: right;">24</p>	<p>8:00 🦋 Coffee & Continental Breakfast in Room #216</p> <p>9:30 📷 Shopping Trip To Bel Air/Dollar Tree</p> <p style="text-align: right;">25</p>	<p>8:00 🦋 Coffee & Continental Breakfast in Room #216</p> <p>3:00 🦋 Ice Cream Social In The Courtyard</p> <p style="text-align: right;">26</p>	<p>HAPPY BIRTHDAY FLORENCE STEPNEY</p> <p>8:00 🦋 Coffee & Continental Breakfast in Room #216</p> <p>3:00 🗨️ Happy Hour</p> <p style="text-align: right;">27</p>	<p>8:00 🦋 Coffee & Continental Breakfast in Room #216</p> <p style="text-align: right;">28</p>	
<p>8:00 🦋 Coffee & Continental Breakfast in Room #216</p> <p>9:00 📷 Carmichael Farmer's Market in Carmichael Park</p> <p style="text-align: right;">29</p>	<p>8:00 🦋 Coffee & Continental Breakfast in Room #216</p> <p style="text-align: right;">30</p>	<p>HAPPY BIRTHDAY HARVEY TEEL!!</p> <p>8:00 🦋 Coffee & Continental Breakfast in Room #216</p> <p>9:00 🟡 Blood Pressure Checks</p> <p>2:30 🦋 Bistro Bingo</p> <p style="text-align: right;">31</p>	 <p>SAGEBROOK SENIOR LIVING AT CARMICHAEL</p>			<ul style="list-style-type: none">  Be Adventurous  Be Connected  Be Family  Be Social  Be Well 	