









Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>HAPPY BIRTHDAY BILL CONLEY!! 1</p> <p>9:15 ★ Chair Yoga 9:45 🦋 Morning News//Daily Chronicles 10:15 🍃 Cranium Crunches 11:00 ★ Arts & Crafts 1:30 🍷 Balloon Toss/Sensory Games 2:00 🍵 Tea Time 3:30 🦋 Sing Along Songs 6:00 🦋 Calming Hour With Relaxing Music</p>	<p>2</p> <p>9:15 🍷 Morning Moves 9:45 🦋 Morning News/Daily Chronicles 10:15 🍃 Crafting Detective & Haunted Night Detective: Item search and discussion 11:15 🦋 Balloon Toss/Sensory Activities 1:30 🍷 Nail Care/Hand Massage 3:00 🦋 Discuss & Recall: Hobbies 3:30 🍷 Tai Chi 4:00 🦋 Guess The Song And Sing Along 6:00 🍵 Night Cap Activities/Movie</p>	<p>3</p> <p>9:15 🍷 Club Fit 9:45 🦋 Morning News/Daily Chronicles 10:15 🍃 Culinary Creations 11:00 🍷 Balloon Toss/Sensory Games 1:30 ★ Entertainer: Julian 2:30 🦋 Movie Time & Snacks 4:00 🦋 Comedy Corner 6:00 ★ Calming Hour With Relaxing Music</p>	<p>4</p> <p>9:15 🍷 Ageless Exercise 9:45 🦋 Morning News/Daily Chronicles 10:00 🍷 Walking Exercise 10:45 ★ Catholic Services/Trivia 1:30 🦋 Bingo 3:00 🦋 Table Games 4:00 🍃 Balloon Toss/Ball Games 6:00 🍵 Night Cap Activities/Movie</p>	<p>5</p> <p>9:15 🍷 Silver and Fit 9:45 🦋 Morning News/Daily Chronicles 10:00 🍷 Walking Exercise 11:00 🍃 Poet's Corner 1:30 🍵 Culinary Creations 2:30 🍃 Arts & Crafts 3:30 🍃 Paint By Numbers 6:00 🦋 Calming Hour With Relaxing Music</p>	<p>6</p> <p>9:15 🍷 Fitness Junction 9:45 🦋 Morning News/Daily Chronicles 10:15 🍃 Arts & Crafts 10:30 🍷 Scenic Drive 11:00 🦋 Table Games 2:00 🍵 Happy Hour/Favorite Songs Karaoke 3:00 🦋 Bingo 4:00 🍷 Ball Games 6:00 🍵 Night Cap Activities/Movie</p>	<p>7</p> <p>9:15 🍷 Stand and Stretch 9:45 🦋 Morning News/Daily Chronicles 10:15 🍷 Balloon Toss/Ball Games 11:00 🍃 Math Whiz 1:30 🍷 Hot Potato 2:30 🦋 Comedy Corner 3:30 🍃 Solve The Puzzle 6:00 🍵 Night Cap Activities/Movie</p>
<p>HAPPY BIRTHDAY MAJORIE COCHRAN!! 8</p> <p>9:15 ★ Chair Yoga 9:45 🦋 Morning News//Daily Chronicles 10:15 🍃 Cranium Crunches 11:00 ★ Arts & Crafts 1:30 🍷 Balloon Toss/Sensory Games 2:00 🍵 Tea Time 3:30 🦋 Sing Along Songs 6:00 🦋 Calming Hour With Relaxing Music</p>	<p>9</p> <p>9:15 🍷 Morning Moves 9:45 🦋 Morning News/Daily Chronicles 10:15 🍃 Columbus Day Facts and Trivia 11:15 🦋 Balloon Toss/Sensory Activities 12:00 🍵 Italian "Columbus Day" Lunch Extravaganza 1:30 🍷 Nail Care/Hand Massage 3:00 🍷 Ball Games 3:30 🍷 Tai Chi 4:00 🦋 Guess The Song And Sing Along 6:00 🍵 Night Cap Activities/Movie</p>	<p>10</p> <p>9:15 🍷 Club Fit 9:45 🦋 Morning News/Daily Chronicles 10:15 🍃 Culinary Creations 11:00 ★ Ge-Narrations: Create A Story 1:30 🍃 Trivia Games 2:30 "Raise The Curtain" drama club 4:00 🦋 Comedy Corner 6:00 ★ Calming Hour With Relaxing Music</p>	<p>11</p> <p>9:15 🍷 Ageless Exercise 9:45 🦋 Morning News/Daily Chronicles 10:00 🍷 Walking Exercise 10:45 ★ Catholic Services/Trivia 1:30 ★ Entertainer: Alvin 3:00 🦋 Can You Picture This? 4:00 🍃 Balloon Toss/Ball Games 6:00 🍵 Night Cap Activities/Movie</p>	<p>12</p> <p>9:15 🍷 Silver and Fit 9:45 🦋 Morning News/Daily Chronicles 10:00 🍷 Walking Exercise 11:00 🦋 Guess The Song And Sing Along 1:30 ★ Entertainer: Skip 2:30 🍃 Arts & Crafts 3:30 🍃 Paint By Numbers 6:00 🦋 Calming Hour With Relaxing Music</p>	<p>13</p> <p>9:15 🍷 Fitness Junction 9:45 🦋 Morning News/Daily Chronicles 10:00 🍷 Never Stop Exploring Outing 10:15 🍃 Arts & Crafts 11:00 🦋 Table Games 2:00 🍵 Happy Hour/Favorite Songs Karaoke 3:00 🦋 Bingo 4:00 🍷 Ball Games 6:00 🍵 Night Cap Activities/Movie</p>	<p>14</p> <p>9:15 🍷 Stand and Stretch 9:45 🦋 Morning News/Daily Chronicles 10:15 🍷 Balloon Toss/Ball Games 11:00 🍃 Math Whiz 1:30 🍷 Hot Potato 2:30 🦋 Comedy Corner 3:30 🍃 Solve The Puzzle 6:00 🍵 Night Cap Activities/Movie</p>
<p>15</p> <p>9:15 ★ Chair Yoga 9:45 🦋 Morning News//Daily Chronicles 10:15 🍃 Celebration Of "I Love Lucy Day" 11:00 ★ Arts & Crafts 1:30 🍷 Balloon Toss/Sensory Games 2:00 🍵 Tea Time 3:30 🦋 Sing Along Songs 6:00 🦋 Calming Hour With Relaxing Music</p>	<p>16</p> <p>9:15 🍷 Morning Moves 9:45 🦋 Morning News/Daily Chronicles 10:15 🍃 Dictionary Day: Test Your Knowledge 11:15 🦋 Balloon Toss/Sensory Activities 1:30 ★ Entertainer: Michael Jaspar 3:00 🍷 Ball Games 3:30 🍷 Tai Chi 4:00 🦋 Guess The Song And Sing Along 6:00 🍵 Night Cap Activities/Movie</p>	<p>HAPPY BIRTHDAY RICHARD FUNDERBURG!! 17</p> <p>9:15 🍷 Club Fit 9:45 🦋 Morning News/Daily Chronicles 10:15 🍃 Table Games 11:00 🍃 Poet's Corner 1:30 🦋 The Glories Of Fall: A short story and discussion 2:30 🦋 Movie Time & Snacks 4:00 🦋 Comedy Corner 6:00 ★ Calming Hour With Relaxing Music</p>	<p>18</p> <p>9:15 🍷 Ageless Exercise 9:45 🦋 Morning News/Daily Chronicles 10:00 🍷 Walking Exercise 10:45 ★ Catholic Services/Trivia 1:30 🦋 "Chocolate Cup Cake Day": Bingo & Cupcakes 3:00 🦋 Squirrely For Squirrels: Slide Show & Discussion 4:00 🦋 Discuss & Recall: Pets 6:00 🍵 Night Cap Activities/Movie</p>	<p>19</p> <p>9:15 🍷 Silver and Fit 9:45 🦋 Morning News/Daily Chronicles 10:00 🍷 Walking Exercise 11:00 🦋 Discuss & Recall: German Traditions 12:00 🍵 Oktoberfest Lunch with traditional German Food 1:30 🍵 Culinary Creations 2:30 🍃 Arts & Crafts 3:30 🍃 Paint By Numbers 6:00 🦋 Calming Hour With Relaxing Music</p>	<p>20</p> <p>9:15 🍷 Fitness Junction 9:45 🦋 Morning News/Daily Chronicles 10:15 🍃 Arts & Crafts 10:30 🍷 Scenic Drive 11:00 🦋 Table Games 2:00 🍵 Happy Hour/Favorite Songs Karaoke 3:00 🦋 Bingo 4:00 🍷 Ball Games 6:00 🍵 Night Cap Activities/Movie</p>	<p>21</p> <p>9:15 🍷 Stand and Stretch 9:45 🦋 Morning News/Daily Chronicles 10:15 🍷 Balloon Toss/Ball Games 11:00 🍃 Math Whiz 1:30 🍷 Hot Potato 2:30 🦋 Comedy Corner 3:30 🍃 Solve The Puzzle 6:00 🍵 Night Cap Activities/Movie</p>
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<p>29</p> <p>9:15 ★ Chair Yoga 9:45 🦋 Morning News//Daily Chronicles 10:15 🍃 Cranium Crunches 11:00 ★ Arts & Crafts 1:30 🍷 Balloon Toss/Sensory Games 2:00 🍵 Tea Time 3:30 🦋 Sing Along Songs 6:00 🦋 Calming Hour With Relaxing Music</p>	<p>30</p> <p>9:15 🍷 Morning Moves 9:45 🦋 Morning News/Daily Chronicles 10:15 🍃 Arts & Crafts 11:15 🦋 Balloon Toss/Sensory Activities 1:30 🍷 Nail Care/Hand Massage 3:00 🍷 Ball Games 3:30 🍷 Tai Chi 4:00 🦋 Guess The Song And Sing Along 6:00 🍵 Night Cap Activities/Movie</p>	<p>31</p> <p>9:15 🍷 Club Fit 9:45 🦋 Morning News/Daily Chronicles 10:15 🍃 Halloween Trivia 11:00 🍷 Balloon Toss/Sensory Games 1:30 🦋 Halloween Humor & Riddles 2:30 🍵 Halloween Party In The Bistro 4:00 🦋 Comedy Corner 6:00 ★ Calming Hour With Relaxing Music</p>	 <p>SAGEBROOK SENIOR LIVING AT CARMICHAEL</p>			<ul style="list-style-type: none">  Be Adventurous  Be Challenged  Be Connected  Be Family  Be Inspired  Be Social  Be Well