


Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	
 SAGEBROOK <small>SENIOR LIVING AT CARMICHAEL</small>	KWANZAA 1 New Year's Day 6:30 ★ Story Telling Hour with David	2 9:00 ♥ Blood Pressure Checks 10:00 📷 Let's Go To The Movies! 2:30 🦋 Bistro Bingo	3 CHOCOLATE COVERED CHERRY DAY 9:30 📷 Shopping Trip To Bel Air/Dollar Tree 2:00 🦋 Movie Matinee	4 NATIONAL TRIVIA DAY 10:00 🚩 Sea Shell Crafts with Joyce 3:00 🦋 Ice Cream Social	5 10:00 🚩 Bistro Bingo 3:00 🗨️ Bistro Happy Hour	6 10:00 ♥ Fitness Junction 2:00 🦋 Movie Matinee	
7 10:00 🗨️ News & Current Events 3:00 🗨️ Community Circle with David	8 Elvis Birthday 6:30 ★ Story Telling Hour with David	9 9:00 ♥ Blood Pressure Checks 10:00 📷 Let's Go To The Movies! 2:30 🦋 Bistro Bingo	10 BITTERSWEET CHOCOLATE DAY 9:30 📷 Shopping Trip To Bel Air/Dollar Tree 2:00 🦋 Movie Matinee	11 10:00 🚩 Sea Shell Crafts with Joyce 3:00 🦋 Ice Cream Social	12 Hot Tea Day 10:00 🚩 Bistro Bingo 3:00 🗨️ Bistro Happy Hour	13 10:00 ♥ Fitness Junction 2:00 🦋 Movie Matinee	
14 10:00 🗨️ News & Current Events 3:00 🗨️ Community Circle with David	15 Strawberry Ice Cream Day Martin Luther King, Jr. Day 6:30 ★ Story Telling Hour with David	16 9:00 ♥ Blood Pressure Checks 10:00 📷 Let's Go To The Movies! 2:30 🦋 Bistro Bingo	17 9:30 📷 Shopping Trip To Bel Air/Dollar Tree 2:00 🦋 Movie Matinee	18 10:00 🚩 Sea Shell Crafts with Joyce 9am t 🚩 Red Hawk Casino 3:00 🦋 Ice Cream Social	19 NATIONAL POPCORN DAY 10:00 🚩 Bistro Bingo 3:00 🗨️ Bistro Happy Hour	20 10:00 ♥ Fitness Junction 2:00 🦋 Movie Matinee	
21 10:00 🗨️ News & Current Events 3:00 🗨️ Community Circle with David	22 10:00 ★ Director's Choice Surprise Activity 6:30 ★ Story Telling Hour with David	23 NATIONAL PIE DAY NATIONAL PUZZLE DAY 9:00 ♥ Blood Pressure Checks 10:00 📷 Let's Go To The Movies! 2:30 🦋 Bistro Bingo	24 9:30 📷 Shopping Trip To Bel Air/Dollar Tree 2:00 🦋 Movie Matinee	25 10:00 🚩 Sea Shell Crafts with Joyce 3:00 🦋 Ice Cream Social	26 10:00 🚩 Bistro Bingo 3:00 🗨️ Bistro Happy Hour	27 10:00 ♥ Fitness Junction 2:00 🦋 Movie Matinee	
28 10:00 🗨️ News & Current Events 3:00 🗨️ Community Circle with David	29 10:00 ★ Director's Choice Surprise Activity 6:30 ★ Story Telling Hour with David	30 9:00 ♥ Blood Pressure Checks 10:00 📷 Let's Go To The Movies! 2:30 🦋 Bistro Bingo	31 INSPIRE YOUR HEART WITH HEART DAY 9:30 📷 Shopping Trip To Bel Air/Dollar Tree 2:00 🦋 Movie Matinee 4:30 Evening in Italy Dinner 4:30 🗨️ Dinner Club-Evening in Italy	📷 Be Adventurous 🚩 Be Challenged 🗨️ Be Connected ★ Be Inspired 🦋 Be Social ♥ Be Well			Resident Birthdays Barbara G. 1/9 Arline K. 1/20 David L. 1/5